

# Coaching the Genuine Contact Way

## A Genuine Contact Specialty Series Workshop

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By Birgitt Williams and Rachel Bolton

Genuine Contact offers a holistic container that can strengthen your coaching processes and outcomes no matter what coaching methods you prefer to use. In this half-day online workshop, you will learn 3 simple tools for:

- Co-creating a coaching container that already empowers the client to take leadership in their work with you and in achieving their personal and professional goals.
- Customizing your coaching program to best support the client in achieving their development goal with the Six Level Evolutionary Spiral.
- Regaining and regenerating personal balance through the four dimensions of personal wellbeing.

Whether you are new to coaching or have been a coach for some time, you will be able to begin using these tools immediately in your coaching processes. The tools are beneficial for use in coaching whether coaching is your profession, or you are a leader within an organization coaching employees in achieving their goals.



## Building Block 1: Transfer In



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## Building Block 2: Hopes & Fears



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## Building Block 3: Reflections About Learning



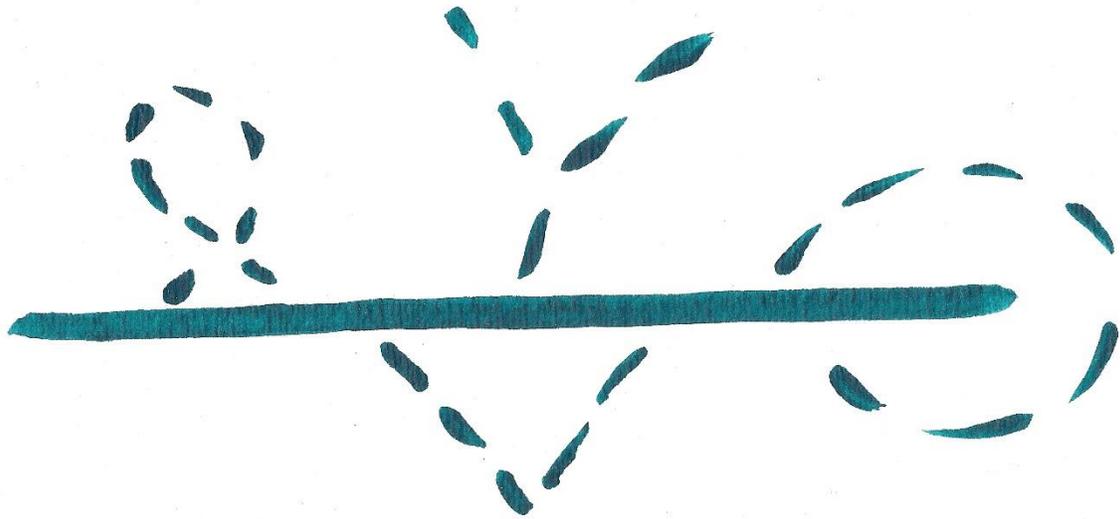
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# Building Block 4: Service Delivery Model



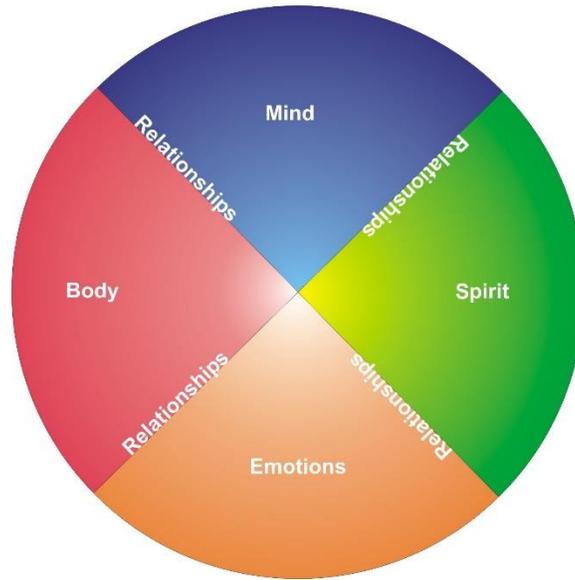
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## Building Block 5: Co-Creating the Container



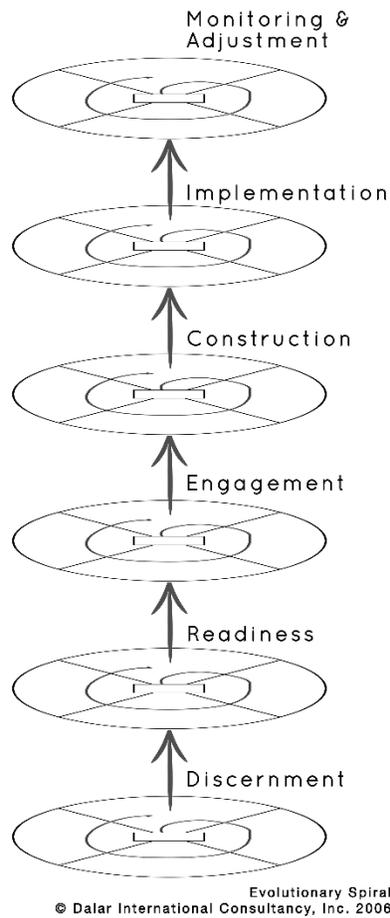
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## Building Block 6: Four Dimensions of Well-Being



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# Building Block 7: Six Level Evolutionary Spiral



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## Your Facilitators



Birgitt Williams, as one of the creators of the Genuine Contact program, has skilfully facilitated the Genuine Contact program workshops since 1990 as they were being created, tested, researched for effect, and developed into what became the Genuine Contact program. As a Senior Consultant at Dalar International Consultancy, Birgitt brings her unique skills in assisting people to access their full intelligence. Birgitt is passionate about assisting individuals and organizations of individuals in shifting consciousness to achieve breakthroughs.



Rachel Bolton has worked with clients around the world, assisting each person in creating a unique understanding of their personal state of health and balance, and developing a plan for achieving and sustaining optimum health based on their specific goals. Rachel has also been a part of the team at Dalar since 1999 and has been facilitating Genuine Contact workshops since 2010. Her unique blend of coaching and Genuine Contact training brings high-level insight and practical suggestions. [Learn more about Rachel.](#)

# Genuine Contact Specialty Series

## Upcoming Workshops

Each online workshop offered in this Specialty Series is designed to showcase an original application of Genuine Contact as developed by Genuine Contact professionals. Genuine Contact provides a blended, synergistic, holistic approach to change and to leadership. It is not about a big quick splash, but rather about developing the skills, knowledge, and capacity to sustain the ongoing organizational change necessary to thrive in today's constantly changing, complex times.

Each short workshop has been designed to teach you hands-on applications of holistic ways of working with leaders and organizations. Workshops in this series will offer you ways to develop the skills, knowledge, and capacity to thrive in change that you can begin implementing in your work immediately.

The Genuine Contact Specialty Series offers a new program every other month. Upcoming online workshops include:

- **Meetings that Engage**  
September 25, 2019 with Eiwor Backelund and Ad van Roosmalen
- **Discovering Your Conduct for Leadership with the Deep Essence Tool**  
November 27, 2019 with Doris Gottlieb
- **Conscious Project Design using the Medicine Wheel Tool**  
January 22, 2020 with Elisabeth Tepper
- **Collaborative Decision Making using Five to Fold** with Thomas Herrmann and Marai Kiele

### About the Facilitators

The facilitators of the Genuine Contact Specialty Series are all Genuine Contact Trainers and Professionals working as consultants, coaches, facilitators, and trainers, or inside of organizations as leaders, executives, and managers. They share a commitment to working the Genuine Contact way.

Each specialty series workshop is based on the experience of these facilitators in working with the tools and methods learned in the Genuine Contact Program. They are experts at what they do, having spent years or even decades developing specialized applications of Genuine Contact. The Specialty Series workshops will introduce you to these applications in ways that you can begin working with immediately, whether or not you've taken any of the Program modules before.